

CONFIDENTIAL PATIENT CASE HISTORY

Please complete this questionnaire. This confidential history will be part of your permanent records.

Today's Date Signature of Patient _____
Signature of Parent/Guardian _____

Patient Title: (check one) Mr. Mrs. Ms. Miss Dr. Prof. Rev.

First Name _____ Nick Name _____

Last Name _____ Middle Name _____ Suffix _____

Address 1 _____

Address 2 _____

City _____ State _____ Zip Code _____

Primary Phone _____ Secondary Phone _____

Mobile Phone _____

Home Email _____ Work Email _____

Which email address would you like us to use to communicate with you? (Check one)

Home Work

Contact Method (Check one)

Primary Phone Secondary Phone Mobile Phone Home Email Work Email

Date of Birth Age _____ Gender (Check one) Male Female Unspecified

Marital Status (Check one) Single Married Other SSN _____

Employment Status (Check one)

Employed FT Student PT Student Other Retired Self Employed

Race (Check one)

- | | | | |
|-----------------------------------|---|--------------------------------------|--|
| <input type="checkbox"/> White | <input type="checkbox"/> Black/African American | <input type="checkbox"/> Hispanic | <input type="checkbox"/> American Indian/Alaskan Native |
| <input type="checkbox"/> Asian | <input type="checkbox"/> Asian Indian | <input type="checkbox"/> Chinese | <input type="checkbox"/> Filipino |
| <input type="checkbox"/> Japanese | <input type="checkbox"/> Korean | <input type="checkbox"/> Vietnamese | <input type="checkbox"/> Native Hawaiian or other Pacific Island |
| <input type="checkbox"/> Samoan | <input type="checkbox"/> Guamanian or Chamorro | <input type="checkbox"/> Other _____ | <input type="checkbox"/> I choose not to specify |

Multi-Racial (Check one) Yes No Unknown

Ethnicity (Check one) Hispanic or Latino Not Hispanic or Latino I choose not to specify

Preferred Language (Check one)

- | | | | | | |
|----------------------------------|-------------------------------------|---|--|--|---------------------------------|
| <input type="checkbox"/> English | <input type="checkbox"/> Spanish | <input type="checkbox"/> American Sign Language | <input type="checkbox"/> Chinese | <input type="checkbox"/> French | <input type="checkbox"/> German |
| <input type="checkbox"/> Tagalog | <input type="checkbox"/> Vietnamese | <input type="checkbox"/> Italian | <input type="checkbox"/> Korean | <input type="checkbox"/> Russian | <input type="checkbox"/> Polish |
| <input type="checkbox"/> Arabic | <input type="checkbox"/> Portuguese | <input type="checkbox"/> Japanese | <input type="checkbox"/> French Creole | <input type="checkbox"/> Greek | <input type="checkbox"/> Hindi |
| <input type="checkbox"/> Persian | <input type="checkbox"/> Urdu | <input type="checkbox"/> Gujarati | <input type="checkbox"/> Armenian | <input type="checkbox"/> I choose not to specify | |

Verification Question (Choose only one question by checking the question, then give the answer to that question)

- What is the name of your favorite pet? In what city were you born? What high school did you attend?
- What is your favorite movie? What is your mother's maiden name? On what street did you grow up?
- What was the make of your first car? When is your anniversary? What is your favorite color?

Verification Answer to the Chosen question: _____

Do you currently smoke tobacco of any kind? Yes Former smoker Never been a smoker

If yes, how often do you smoke: Current every day smoker Current sometimes smoker

If yes, what is your level of interest in quitting smoking?

- 0 1 2 3 4 5 6 7 8 9 10
No interest *Very Interested*

Current medications, including dosage if known.

If there are no current medications, check here:

- 1) _____ 5) _____
- 2) _____ 6) _____
- 3) _____ 7) _____
- 4) _____ 8) _____

List any known allergies you have had to any medications.

If no allergies are known, check here:

- 1) _____ 3) _____
- 2) _____ 4) _____

Occupation _____ **Employer** _____

Who referred you to us? _____ **How else did you hear about us?** _____

What is your major complaint? _____

How long have you had this condition? _____

Have you had this or similar conditions in the past? _____

Do any positions make it feel worse? _____

Do any positions make it feel better? _____

Is this condition: Improved Unchanged Getting Worse

Is this condition interfering with your: Work Sleep Daily Routine **Other** _____

Other doctors or therapists who have treated THIS condition _____

What do you think caused this condition? _____

List surgical operations and years: _____

Do you have a family physician? Name: _____

Briefly list your main health problems: _____

Has any doctor diagnosed you with Hypertension presently? Yes No If yes, describe: _____

Has any doctor diagnosed you with Diabetes presently? Yes No If yes, what kind? Type I Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%? Yes No Not Sure

If yes, other comments regarding Diabetes: _____

Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days? Yes No

To be performed by clinic staff:

Height: _____ inches Weight: _____ pounds BP: _____ / _____

REVIEW OF SYSTEMS Check only the ones you now have or have had in the past.

| <u>GENERAL</u> | NOW | PAST | <u>THROAT</u> | NOW | PAST | <u>GASTROINTESTINAL</u> | NOW | PAST |
|---------------------|--------------------------|--------------------------|-----------------------|--------------------------|--------------------------|------------------------------|--------------------------------|--------------------------------|
| Weakness | <input type="checkbox"/> | <input type="checkbox"/> | Soreness | <input type="checkbox"/> | <input type="checkbox"/> | Abdominal Pain | <input type="checkbox"/> | <input type="checkbox"/> |
| Fatigue | <input type="checkbox"/> | <input type="checkbox"/> | Bad Tonsils | <input type="checkbox"/> | <input type="checkbox"/> | Nausea | <input type="checkbox"/> | <input type="checkbox"/> |
| Fever | <input type="checkbox"/> | <input type="checkbox"/> | Hoarseness | <input type="checkbox"/> | <input type="checkbox"/> | Bloated | <input type="checkbox"/> | <input type="checkbox"/> |
| Chills | <input type="checkbox"/> | <input type="checkbox"/> | Pain | <input type="checkbox"/> | <input type="checkbox"/> | Belching | <input type="checkbox"/> | <input type="checkbox"/> |
| Night Sweats | <input type="checkbox"/> | <input type="checkbox"/> | Trouble Swallowing | <input type="checkbox"/> | <input type="checkbox"/> | Heartburn | <input type="checkbox"/> | <input type="checkbox"/> |
| Fainting | <input type="checkbox"/> | <input type="checkbox"/> | Recurrent Infections | <input type="checkbox"/> | <input type="checkbox"/> | Indigestion | <input type="checkbox"/> | <input type="checkbox"/> |
| <u>SKIN</u> | | | <u>NECK</u> | | | Irregular Bowel Habits | <input type="checkbox"/> | <input type="checkbox"/> |
| Color Changes | <input type="checkbox"/> | <input type="checkbox"/> | Neck Enlargement | <input type="checkbox"/> | <input type="checkbox"/> | Constipation | <input type="checkbox"/> | <input type="checkbox"/> |
| Nail Changes | <input type="checkbox"/> | <input type="checkbox"/> | Stiff Neck | <input type="checkbox"/> | <input type="checkbox"/> | Diarrhea | <input type="checkbox"/> | <input type="checkbox"/> |
| Hair Changes | <input type="checkbox"/> | <input type="checkbox"/> | Soreness | <input type="checkbox"/> | <input type="checkbox"/> | Gas | <input type="checkbox"/> | <input type="checkbox"/> |
| Moles | <input type="checkbox"/> | <input type="checkbox"/> | Lumps | <input type="checkbox"/> | <input type="checkbox"/> | Hemorrhoids | <input type="checkbox"/> | <input type="checkbox"/> |
| Rashes | <input type="checkbox"/> | <input type="checkbox"/> | Masses | <input type="checkbox"/> | <input type="checkbox"/> | Poor Appetite | <input type="checkbox"/> | <input type="checkbox"/> |
| Sores | <input type="checkbox"/> | <input type="checkbox"/> | <u>BREASTS</u> | | | Food Intolerance | <input type="checkbox"/> | <input type="checkbox"/> |
| Weakness | <input type="checkbox"/> | <input type="checkbox"/> | Discharge | <input type="checkbox"/> | <input type="checkbox"/> | Bloody Stools | <input type="checkbox"/> | <input type="checkbox"/> |
| <u>HEAD</u> | | | Lumps | <input type="checkbox"/> | <input type="checkbox"/> | Black Stools | <input type="checkbox"/> | <input type="checkbox"/> |
| Headaches | <input type="checkbox"/> | <input type="checkbox"/> | Pain | <input type="checkbox"/> | <input type="checkbox"/> | <u>GENITOURINARY</u> | | |
| Injuries | <input type="checkbox"/> | <input type="checkbox"/> | Bleeding | <input type="checkbox"/> | <input type="checkbox"/> | Urgency | <input type="checkbox"/> | <input type="checkbox"/> |
| Bumps | <input type="checkbox"/> | <input type="checkbox"/> | Nipple Changes | <input type="checkbox"/> | <input type="checkbox"/> | Incontinence | <input type="checkbox"/> | <input type="checkbox"/> |
| Last Eye Exam | | | Skin Changes | <input type="checkbox"/> | <input type="checkbox"/> | Straining | <input type="checkbox"/> | <input type="checkbox"/> |
| Glasses | <input type="checkbox"/> | <input type="checkbox"/> | Bloated | <input type="checkbox"/> | <input type="checkbox"/> | Back Pain | <input type="checkbox"/> | <input type="checkbox"/> |
| Contacts | <input type="checkbox"/> | <input type="checkbox"/> | <u>LUNGS</u> | | | Frequent Voiding | <input type="checkbox"/> | <input type="checkbox"/> |
| Cataracts | <input type="checkbox"/> | <input type="checkbox"/> | Cough | <input type="checkbox"/> | <input type="checkbox"/> | Stones | <input type="checkbox"/> | <input type="checkbox"/> |
| <u>EARS</u> | | | Phlegm | <input type="checkbox"/> | <input type="checkbox"/> | Burning | <input type="checkbox"/> | <input type="checkbox"/> |
| Hard of Hearing | <input type="checkbox"/> | <input type="checkbox"/> | Blood | <input type="checkbox"/> | <input type="checkbox"/> | Bed Wetting | <input type="checkbox"/> | <input type="checkbox"/> |
| Deafness | <input type="checkbox"/> | <input type="checkbox"/> | Short of Breath | <input type="checkbox"/> | <input type="checkbox"/> | Small Stream | <input type="checkbox"/> | <input type="checkbox"/> |
| Ringing | <input type="checkbox"/> | <input type="checkbox"/> | Wheezing | <input type="checkbox"/> | <input type="checkbox"/> | Discharge | <input type="checkbox"/> | <input type="checkbox"/> |
| Discharge | <input type="checkbox"/> | <input type="checkbox"/> | Pain | <input type="checkbox"/> | <input type="checkbox"/> | Impotence | <input type="checkbox"/> | <input type="checkbox"/> |
| Earache | <input type="checkbox"/> | <input type="checkbox"/> | Congestion | <input type="checkbox"/> | <input type="checkbox"/> | Dribbling | <input type="checkbox"/> | <input type="checkbox"/> |
| Itching | <input type="checkbox"/> | <input type="checkbox"/> | Inhalant Exposure | <input type="checkbox"/> | <input type="checkbox"/> | Cloudy Urine | <input type="checkbox"/> | <input type="checkbox"/> |
| Dizziness | <input type="checkbox"/> | <input type="checkbox"/> | <u>HEART</u> | | | Urine Color | | |
| Room Spins | <input type="checkbox"/> | <input type="checkbox"/> | Murmur | <input type="checkbox"/> | <input type="checkbox"/> | Spotting Between Periods | <input type="checkbox"/> | <input type="checkbox"/> |
| <u>NOSE</u> | | | Palpitations | <input type="checkbox"/> | <input type="checkbox"/> | Menstrual Cramps | <input type="checkbox"/> | <input type="checkbox"/> |
| Decreased Smell | <input type="checkbox"/> | <input type="checkbox"/> | Rapid Heartbeat | <input type="checkbox"/> | <input type="checkbox"/> | Discharge | <input type="checkbox"/> | <input type="checkbox"/> |
| Bleeding | <input type="checkbox"/> | <input type="checkbox"/> | Swollen Extremities | <input type="checkbox"/> | <input type="checkbox"/> | Itching | <input type="checkbox"/> | <input type="checkbox"/> |
| Pain | <input type="checkbox"/> | <input type="checkbox"/> | Cold Extremities | <input type="checkbox"/> | <input type="checkbox"/> | Painful Intercourse | <input type="checkbox"/> | <input type="checkbox"/> |
| Discharge | <input type="checkbox"/> | <input type="checkbox"/> | Chest Pain/Pressure | <input type="checkbox"/> | <input type="checkbox"/> | Irregular Periods | <input type="checkbox"/> | <input type="checkbox"/> |
| Obstruction | <input type="checkbox"/> | <input type="checkbox"/> | Varicose Veins | <input type="checkbox"/> | <input type="checkbox"/> | Hot Flashes | <input type="checkbox"/> | <input type="checkbox"/> |
| Post Nasal Drip | <input type="checkbox"/> | <input type="checkbox"/> | Blood Clots | <input type="checkbox"/> | <input type="checkbox"/> | Contraception Type | _____ | |
| Deviated Septum | <input type="checkbox"/> | <input type="checkbox"/> | Blue Extremities | <input type="checkbox"/> | <input type="checkbox"/> | Age at First Period | _____ | |
| Runny Nose | <input type="checkbox"/> | <input type="checkbox"/> | <u>BLOOD</u> | | | Duration of Cycle | _____ | |
| Sinus Congestion | <input type="checkbox"/> | <input type="checkbox"/> | Anemia | <input type="checkbox"/> | <input type="checkbox"/> | Duration of Flow | _____ | |
| <u>MOUTH</u> | | | Low Blood Iron | <input type="checkbox"/> | <input type="checkbox"/> | No. of Pregnancies | _____ | |
| Bleeding Gums | <input type="checkbox"/> | <input type="checkbox"/> | Easy Bruising | <input type="checkbox"/> | <input type="checkbox"/> | No. of Births | _____ | |
| Sores | <input type="checkbox"/> | <input type="checkbox"/> | Easy Bleeding | <input type="checkbox"/> | <input type="checkbox"/> | No. of Miscarriages | _____ | |
| Dental Problems | <input type="checkbox"/> | <input type="checkbox"/> | Swollen Nodes | <input type="checkbox"/> | <input type="checkbox"/> | No. of Abortions | _____ | |
| Bad Breath | <input type="checkbox"/> | <input type="checkbox"/> | Painful Nodes | <input type="checkbox"/> | <input type="checkbox"/> | Menstrual Flow | <input type="checkbox"/> | Heavy <input type="checkbox"/> |
| Loss of Taste | <input type="checkbox"/> | <input type="checkbox"/> | Sugar in Blood | <input type="checkbox"/> | <input type="checkbox"/> | Mod <input type="checkbox"/> | Light <input type="checkbox"/> | |
| Dry Mouth | <input type="checkbox"/> | <input type="checkbox"/> | Red Spots | <input type="checkbox"/> | <input type="checkbox"/> | Last Period | _____ | |
| Ulcers | <input type="checkbox"/> | <input type="checkbox"/> | | | | Last Pap Smear | _____ | |
| Blisters | <input type="checkbox"/> | <input type="checkbox"/> | | | | Last Vaginal Exam | _____ | |
| | | | | | | Last Mammogram | _____ | |
| | | | | | | Last Prostate Exam | _____ | |

NEUROLOGIC NOW PAST

- Seizures
- Vertigo
- Dizziness
- Hand Trembling
- Loss of Sensation
- Incoordination
- Loss of Facial
- Weak Grip
- Paralysis
- Difficulty Speech
- Tingling
- Loss of Memory
- Numbness

ENDOCRINE

- Weight Loss
- Weight Gain
- Extremely Thin
- Heat Intolerance
- Cold Intolerance
- Hair Changes
- Breast Changes

IMMUNIZATION/VACCINATION

- DPT
- Mumps
- Smallpox
- Typhoid
- Tetanus
- Measles
- Pneumococcal
- Influenza
- Polio
- MMR

BLOOD TYPE

- A + A -
- B + B -
- AB + AB -
- O + O -
- Other _____

BLOOD TRANSFUSIONS

- Date _____
- Date _____
- Date _____
- Date _____

PSYCHIATRIC NOW PAST

- Hyperventilation
- Insecurity
- Depression
- Troubled Sleep
- Irritable
- Undecidedness
- Timid
- Hallucinations
- Loss of Memory
- Alcoholism
- Drug Addiction
- Drug Dependent
- Suicidal Thoughts
- Extreme Worry
- Sexual Problems

MUSCULOSKELETAL NOW PAST

- Muscle Pain
- Muscle Weakness
- Muscle Cramps
- Muscle Twitching
- Joint Stiffness
- Joint Pain

PAST MEDICAL HISTORY. Check only the ones you have had in the past.

- | | |
|--|--|
| Hay Fever <input type="checkbox"/> | Parasites <input type="checkbox"/> |
| Mumps <input type="checkbox"/> | Epilepsy <input type="checkbox"/> |
| Rheumatic Fever <input type="checkbox"/> | Paralysis <input type="checkbox"/> |
| Allergies <input type="checkbox"/> | Polio <input type="checkbox"/> |
| Angina <input type="checkbox"/> | Mental Illness <input type="checkbox"/> |
| Cancer <input type="checkbox"/> | Alcoholism <input type="checkbox"/> |
| Tumor <input type="checkbox"/> | Depression <input type="checkbox"/> |
| Blood Disease <input type="checkbox"/> | Nervous Breakdown <input type="checkbox"/> |
| Leukemia <input type="checkbox"/> | Migraine <input type="checkbox"/> |
| Heart Trouble <input type="checkbox"/> | Gout <input type="checkbox"/> |
| Varicose Veins <input type="checkbox"/> | Hemorrhoids <input type="checkbox"/> |
| Phlebitis <input type="checkbox"/> | Prostate Problems <input type="checkbox"/> |
| Hypertension <input type="checkbox"/> | Sexual Problems <input type="checkbox"/> |
| Stroke <input type="checkbox"/> | Gonorrhea <input type="checkbox"/> |
| Ulcers <input type="checkbox"/> | Syphilis <input type="checkbox"/> |
| Jaundice <input type="checkbox"/> | Diabetes <input type="checkbox"/> |
| Skin Trouble <input type="checkbox"/> | Bladder Trouble <input type="checkbox"/> |
| Gallstones <input type="checkbox"/> | Kidney Stones <input type="checkbox"/> |
| Liver Trouble <input type="checkbox"/> | Kidney Infections <input type="checkbox"/> |
| Hepatitis <input type="checkbox"/> | Dysentery <input type="checkbox"/> |

Date of Last Chest X-Ray _____ Normal Abnormal

Last TB Skin Test _____ Normal Abnormal

Allergies: _____

FAMILY HISTORY List any of the diseases listed above which run in your family.

| Relative | Age if Living | Age at Death | Cause of Death | State of Health | Illnesses |
|-------------------------|---------------|--------------|----------------|-----------------|-----------|
| Father | _____ | _____ | _____ | _____ | _____ |
| Mother | _____ | _____ | _____ | _____ | _____ |
| Brother(s) | _____ | _____ | _____ | _____ | _____ |
| Sister(s) | _____ | _____ | _____ | _____ | _____ |
| Maternal Grandfather | _____ | _____ | _____ | _____ | _____ |
| Maternal Grandmother | _____ | _____ | _____ | _____ | _____ |
| Paternal Grandfather | _____ | _____ | _____ | _____ | _____ |
| Paternal Grandmother | _____ | _____ | _____ | _____ | _____ |

SOCIAL HISTORY Check the boxes and fill in.

Current Weight _____ Have you recently lost or gained weight? _____

Mental Work Heavy Moderate Light Hours per day _____

Physical Work Heavy Moderate Light Hours per day _____

Exercise Heavy Moderate Light Hours per week _____ Type _____

Alcohol Beer/Week _____ Liquor/Week _____ Wine/Week _____ No. of Years _____

Caffeine Cups/Day _____ No. of Years _____
(Coffee, Tea, Cola)

Aspirin No./Day _____ No. of Years _____ Others _____

SYMPTOMS Mark the areas of your symptoms on the figure to the right.

Use the following symbols:

Aches ^^^^ Numbness oooo Pins/Needles Stabbing ////

Mark an "X" on the following two lines:

How bad are your symptoms now?

_____ None Most Severe

How bad have they been in the past?

_____ None Most Severe

